

The following is a listing of all Skylight Services that can be financed through NDIS plan, and the corresponding line items they use.

Some services may use different rates depending on the factors such as:

- a) Your location in accordance to the Modified Monash Model (MMM). Your MMM can be determined at the following website: https://www.health.gov.au/resources/apps-and-tools/health-workforce-locator/health-workforce-locator
- b) The time of day that the support is delivered
- c) The day of the week that the support is delivered
- d) The intensity of the support
- e) Public Holidays

For services where such factors apply, all relevant line items are included. More information on code hierarchy can be found in the NDIS price guide.

If a service is marked 'Yes' in the travel column, this means that travel to and/or from the support will be charged in accordance with the NDIS price guide.

Services

Activity Programs

Our Activity Groups are a way for you to socialise, develop new friendships and explore a range of activities in your local community. We offer a broad range of programs such as art, music, cooking, movies, bushwalking, and many more.

These are all held in an inclusive and supporting environment, and are designed to energise and engage your creativity. Active & Social supports are financed through core funds.

Activity Program Centers

- Wayville
- Christies Beach (Parnangga)



- Mannum
- Port Lincoln
- Mount Gambier

Below are some examples of Skylight's Activity Programs:

Activities are billed at the following rates:

Support Item	Support Item Name	Unit	MMM	MMM	MMM 7	Travel
Number			1-5	6		
04_111_0136_6_1_T	Group Activities In The Community - 1:2 - Standard	Hour	\$32.23	\$45.12	\$48.35	Yes
	- Weekday Daytime - TTP					
04_116_0104_6_1_T	Group Activities In The Community - 1:2 - High	Hour	\$34.69	\$48.57	\$52.04	Yes
	Intensity - Weekday Daytime - TTP					
04_120_0136_6_1_T	Group Activities In The Community - 1:3 - Standard	Hour	\$23.79	\$33.31	\$35.69	Yes
	- Weekday Daytime - TTP					
04_124_0104_6_1_T	Group Activities In The Community - 1:3 - High	Hour	\$25.60	\$35.84	\$38.40	Yes
	Intensity - Weekday Daytime - TTP					
04_136_0136_6_1_T	Group Activities In The Community - 1:4 - Standard	Hour	\$19.57	\$27.40	\$29.36	Yes
	- Weekday Daytime - TTP					
04_146_0104_6_1_T	Group Activities In The Community - 1:4 - High	Hour	\$21.06	\$29.48	\$31.59	Yes
	Intensity - Weekday Daytime - TTP					
04_141_0136_6_1_T	Group Activities In The Community - 1:5 - Standard	Hour	\$17.04	\$23.86	\$25.56	Yes
	- Weekday Daytime - TTP					
04_151_0104_6_1_T	Group Activities In The Community - 1:5 - High	Hour	\$18.33	\$25.66	\$27.50	Yes
	Intensity - Weekday Daytime - TTP					
04_160_0136_6_1_T	Group Activities In A Centre - 1:1 - Standard -	Hour	\$59.71	\$83.59	\$89.57	Yes
	Weekday Daytime - TTP					



04_185_0104_6_1_T	Group Activities In A Centre - 1:1 - High Intensity - Weekday Daytime - TTP	Hour	\$64.09	\$89.73	\$96.14	Yes
04_170_0136_6_1_T	Group Activities In A Centre - 1:3 - Standard - Weekday Daytime - TTP	Hour	\$25.94	\$36.32	\$38.91	Yes
04_195_0104_6_1_T	Group Activities In A Centre - 1:3 - High Intensity - Weekday Daytime - TTP	Hour	\$27.75	\$38.85	\$41.63	Yes
04_175_0136_6_1_T	Group Activities In A Centre - 1:4 - Standard - Weekday Daytime - TTP	Hour	\$21.72	\$30.41	\$32.58	Yes
04_200_0104_6_1_T	Group Activities In A Centre - 1:4 - High Intensity - Weekday Daytime - TTP	Hour	\$23.21	\$32.49	\$34.82	Yes
04_180_0136_6_1_T	Group Activities In A Centre - 1:5 - Standard - Weekday Daytime - TTP	Hour	\$19.19	\$28.67	\$30.72	Yes
04_205_0104_6_1_T	Group Activities In A Centre - 1:5 - High Intensity - Weekday Daytime - TTP	Hour	\$20.48	\$28.67	\$30.72	Yes
04_102_0136_6_1_T	Group Activities - Standard - Weekday Daytime - TTP	Hour	\$57.56	\$80.58	\$86.34	Yes
04_600_0104_6_1_T	Group Activities - High Intensity - Weekday Daytime - TTP	Hour	\$61.94	\$86.72	\$92.91	Yes

Individual Support

Skylight Support Workers will work with you to assist you to live a meaningful life as defined by you. Our workers provide support and work towards the goals that are important for you to achieve.

Whether you want support to access the community, meet new people, develop a new skill or get on top of your day-to-day life, your Support Worker will be there to assist you.



Support Item	Support Item Name	Unit	MMM	MMM 6	MMM 7	Travel
Number			1-5			
01_400_0104_1_1_T	Assistance With Self-Care Activities - Level 2 -	Hour	\$61.94	\$86.72	\$92.91	Yes
	Weekday Daytime - TTP					
01_401_0104_1_1_T	Assistance With Self-Care Activities - Level 2 -	Hour	\$68.18	\$95.45	\$102.27	Yes
	Weekday Afternoon - TTP					
01_402_0104_1_1_T	Assistance With Self-Care Activities - Level 2 -	Hour	\$86.89	\$121.65	\$130.34	Yes
	Saturday - TTP					
01_403_0104_1_1_T	Assistance With Self-Care Activities - Level 2 -	Hour	\$111.84	\$156.58	\$167.76	Yes
	Sunday - TTP					
01_404_0104_1_1_T	Assistance With Self-Care Activities - Level 2 -	Hour	\$136.81	\$191.53	\$205.22	Yes
	Public Holiday - TTP					

Support Item	Support Item Name	Unit	MMM	MMM 6	MMM 7	Travel
Number			1-5			
04_400_0104_1_1_T	Access Community, Social And Rec Activities - Level 2 - Weekday Daytime - TTP	Hour	\$61.94	\$86.72	\$92.91	Yes
04_401_0104_1_1_T	Access Community, Social And Rec Activities - Level 2 - Weekday Afternoon - TTP	Hour	\$68.18	\$95.45	\$102.27	Yes
04_402_0104_1_1_T	Access Community, Social And Rec Activities - Level 2 - Saturday - TTP	Hour	\$86.89	\$121.65	\$130.34	Yes
04_403_0104_1_1_T	Access Community, Social And Rec Activities - Level 2 - Sunday - TTP	Hour	\$111.84	\$156.58	\$167.76	Yes
04_404_0104_1_1_T	Access Community, Social And Rec Activities - Level 2 - Public Holiday - TTP	Hour	\$136.81	\$191.53	\$205.22	Yes



Support Item Number	Support Item Name	Unit	MMM 1-5	MMM 6	MMM 7	Travel
09_006_0106_6_3	Life Transition Planning Incl. Mentoring, Peer- Support And Indiv Skill Develop	Hour	\$61.76	\$86.46	\$92.64	Yes
09_009_0117_6_3	Individual Skills Development And Training	Hour	\$61.76	\$86.46	\$92.64	Yes
11_024_0117_7_3	Individual Social Skills Development	Hour	\$61.76	\$86.46	\$92.64	Yes
15_035_0106_1_3	Assistance With Decision Making, Daily Planning and Budgeting	Hour	\$54.30	\$76.02	\$81.45	Yes

Support Coordination

With Skylight, you will work with your own Support Coordinator, who is there to provide guidance and manage your NDIS budget. We work with you to discover the services and programs best suited to achieving your goals, negotiate agreements, service bookings or provide training so you can self-manage your support team.

Support Coordination services are financed through capacity building funds, and uses the following line items:

Support Item Number	Support Item Name	Unit	MMM 1-5	MMM 6	MMM 7	Travel
01_791_0106_8_3	Level 2: Coordination Of Supports	Hour	\$100.14	\$140.19	\$150.21	Yes
01_794_0132_8_3	Level 3: Specialist Support Coordination	Hour	\$190.54	\$266.75	\$285.80	Yes
07_002_0106_8_3	Level 2: Coordination Of Supports	Hour	\$100.14	\$140.19	\$150.21	Yes
07_004_0132_8_3	Level 3: Specialist Support Coordination	Hour	\$190.54	\$266.75	\$285.80	Yes

Therapeutic Services



Our Therapeutic Services included individualized counselling and group-based therapy. We will work with you to develop coping strategies and discover areas of your life that require attention and care.

Our support aims to reduce the impact of stress and anxiety, improve resilience, self-knowledge, well-being and quality of life. All our services are developed and delivered by registered counsellors, clinicians or therapy assistants. Therapeutic Services are financed from capacity building funds, and use the following line items:

Support Item	Support Item Name	Unit	MMM	MMM 6	MMM 7	Travel
Number			1-5			
15_035_0106_1_3	Assistance With Decision Making, Daily	Hour	\$54.30	\$76.02	\$81.45	Yes
	Planning and Budgeting					
15_037_0117_1_3	Individual Skill Development And Training	Hour	\$54.30	\$76.02	\$81.45	Yes
	Including Public Transport Training					
15_043_0128_1_3	Individual Counselling	Hour	\$156.16	\$218.62	\$234.24	Yes

Short Breaks

Our short breaks program gives you or your carer the opportunity to step away from your day-to-day life; relax and refresh, learn new skills, focus on your well-being and socialize. We focus these breaks around your recovery. We can accommodate up to 4 people, with one or more Skylight staff members. Short Breaks are financed from core funds, and uses the following line items:

Support Item Number	Support Item Name	Unit	MMM 1-5	MMM 6	MMM 7	Travel
01_058_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Weekday	Day	\$1,693.73	\$2,371.22	\$2,540.60	No
01_059_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Saturday	Day	\$2,157.09	\$3,019.93	\$3,235.64	No



01_060_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 - Sunday	Day	\$2,724.45	\$3,814.23	\$4,086.68	No
01_061_0115_1_1	STA And Assistance (Inc. Respite) - 1:1 – Public	Day	\$3,292.05	\$4,608.87	\$4,938.08	No
	Holiday					
01_062_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 -	Day	\$685.52	\$959.73	\$1,028.28	No
	Weekday					
01_063_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 -	Day	\$839.97	\$1,175.96	\$1,259.96	No
	Saturday					
01_064_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 - Sunday	Day	\$1,029.09	\$1,440.73	\$1,543.64	No
01_065_0115_1_1	STA And Assistance (Inc. Respite) - 1:3 – Public	Day	\$1,218.29	\$1,705.61	\$1,827.44	No
	Holiday					
01_045_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 -	Day	\$559.49	\$783.29	\$839.24	No
	Weekday					
01_051_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 -	Day	\$675.33	\$945.46	\$1,013.00	No
	Saturday					
01_052_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 - Sunday	Day	\$817.17	\$1,144.04	\$1,225.76	No
01_053_0115_1_1	STA And Assistance (Inc. Respite) - 1:4 – Public	Day	\$959.07	\$1,342.70	\$1,438.61	
	Holiday					

Carer Support

At Skylight, we value the contribution of family, friends and other informal supports. We also recognize the toll that this can take, and the need for carer support.

Our Carer Support programs aim to assist people who are supporting a loved one with mental illness. We offer a number of short courses for carers and family members. As well as the person themselves who is living with the mental illness.

Courses are led by facilitators; many of whom with lived experience of being a carer. These programs provide practical insight and interventions to negotiate challenges created by mental illness.



Carer Support are financed through capacity building funds, and is billed at the following line items:

Support Item Number	Support Item Name	Unit	MMM 1-5	MMM 6	MMM 7	Travel
15_038_0117_1_3	Training For Carers/Parents	Hour	\$61.76	\$86.46	\$92.64	Yes

Plan Management

NDIS Plan Management is a way for you to control your choices, plan your support and achieve your goals. At Skylight, we manage your NDIS plan with you – handling your budget, reporting and invoicing – so you can focus on your journey

Plan management services are billed from capacity building funds, and use the following line items:

Support Item	Support Item Name	Unit	MMM 1-5	MMM 6	MMM 7	Travel
Number						
14_033_0127_8_3	Plan Management And Financial Capacity Building - Set Up Costs	Each	\$232.35	\$325.29	\$348.54	No
14_034_0127_8_3	Plan Management - Financial Administration	Month	\$104.45	\$146.23	\$156.67	No